



# **Ligustrum Lucidum Fruit**

Common Name:	Ligustrum Lucidum Fruit
Botanical Name:	Ligustrum lucidum Ait.
Latin Name:	Ligustri Lucidi Fructus
Pinyin Name:	Nu Zhen Zi
Plant Part Used:	Fruit
Quality Standard:	European Pharmacopoeia Standard
Specification:	Whole fruit/Powder

## Quality

Large grains, plump, thick meat, dark and purple color, no impurities, no mildew

## Nature, Taste and Meridian attribution

Sweet and bitter in taste, cool in nature. The liver and kidney meridians in attribution.

#### **Actions**

Blacken the hairs, promote vision, nourish yin and clear heat.

### **Usage and Dosage**

10-15g for decoction

#### **Precaution**

Contraindicated for those with diarrhea due to deficiency-cold of spleen and stomach and deficiency of yang.

### **Active Ingredients**

It contains oleanolic acid, acetyloleanolic acid, ursolic acid, acetylursolic acid, p-hydroxyphenethyl alcohol, 3,4-dihydroxyphenethyl alcohol,  $\beta$ -sitosterol, mannitol, eriodictyol, taxifolin, quercetin), ligustroside, 10—hydroxy ligustroside, nuezhenide, oleuropein, 10—hydroxy oleu-ropein), p-hydroxyphen-ethyl- $\beta$ -D-glucoside, 3,4-dihydrox-yphenethyl- $\beta$ -D-glucoside, methyl- $\alpha$ -D-galactopyranoside, acteoside, neonuezhenide, ligustrosidic acid, oleu-ropeinic acid, phosphatidyl choline, ligustrin, 8-epikingiside.

#### **Description**

Boherbs' farm use of natural materials and traditional methods for growing without using cheproducedmicals or artificial fertilizers, which are harmful to both our health and the environment. we aim to show people around the world that organic farming methods can be profitable as well as healthy. The herb is mainly produced in Shanxi, Gansu and the south area to the Yangtze River , the medicinal material is collected in winter when it is ripe.

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### Harvesting and processing

It is generally harvested when the fruit is ripe in winter. When harvesting, prevent excessive damage to the branches and leaves.

After harvesting, remove the impurities of branches and leaves and dry it

#### **Benefits**

- Nourish kidney and liver
- Improve eyesight and maintain hair
- Anti-aging
- Anti-fatigue, improve people's mental outlook
- Lower blood sugar



#### **Quality Assurance & Certifications**

EU & NOP organic certified
Herbs are cultivated under GAP guidelines
Factory manufacture under GMP & SC guidelines.
Each batch of product is tested by in-house & third party labs

## **Product Line**

Herbs & organic herbs

Plant Extract

Natural food ingredients

Contract manufacturing(tablets, capsules, teabags etc.)

Welcome to contact us by sales@boherbs.com to know more details about organic herb and natural food ingredients.

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